



# **‘Ohana Support Services**

*A program of Child & Family Service in collaboration with  
CAMHD Family Guidance Centers*

Caring for children with emotional or behavioral challenges can be overwhelming at times. **‘Ohana Support Services** is here to support you as a caregiver and help you navigate systems, have your voice heard, learn new skills, and access community resources. Parent Partners work with you and encourage you to define and achieve your own goals through offering options and resources.

Our Parent Partners have been in your shoes. They know what it is like trying to get loved ones the help needed, and the stress it can add to your family. They will walk with you throughout your journey by offering non-judgmental peer-to-peer support. Parent Partners help to empower you to be in the driver's seat of your child's team.

## **We Are All About Family**

[www.childandfamilyservice.org](http://www.childandfamilyservice.org)



ChildandFamilyService



@CFShawaii

## **Contact us at:**

**808.681.1438**

**Toll Free:**

**844.748.3070**

## **What We Do:**

- Empower caregivers to be heard, build collaborative relationships with CAMHD/DOH, DOE and/or other system of care teams
- Provide advocacy and support at important meetings
- Connect caregivers with community and educational resources
- Offer information on positive parenting skills and different ways to come together as a family
- Support with everyday needs like paperwork, housing and accessing necessary benefits for your family
- Encourage self-care and suggest ideas for your own well-being

## **“Strengthening Families & Fostering the Healthy Development of Children”**

## **Location & Hours:**

‘Ohana Support Services  
Offered Statewide from Child & Family Service Offices and your Local CAMHD Family Guidance Centers

**Monday – Friday**

**8:00am – 4:30 pm**

## **Funding**

This program is supported by the State of Hawai‘i Department of Health, Child and Adolescent Mental Health Division.

## **Interested in Working with a Parent Partner?**

- If youth is receiving services from CAMHD, please ask your Care Coordinator about a referral for a Parent Partner.
- Not working with CAMHD? Not a problem! Call us at 808.681.1438 for information on the self-referral process.